

# Safeguarding Case Discussions

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# Intercollegiate Documents

## Safeguarding Children and Young People: Roles and Competencies for Healthcare Staff

Fourth edition: January 2019



Published by the Royal College of Nursing on behalf of the contributing organisations:

College of Paramedics  
Institute of Health Visiting  
School and Public Health Nursing Association  
Royal College of Physicians & Surgeons of Glasgow  
Society and College of Radiographers  
Royal College of General Practitioners  
Royal College of Speech & Language Therapists  
Royal College of Psychiatrists  
National Safeguarding Team – Public Health Wales  
National Pharmacy Association  
British Dental Association

British Society of Paediatric Dentistry  
Royal College of Nursing  
Royal College of Midwives  
Community Practitioners and Health Visitors Association/UNITE  
Vision UK  
Royal College of Anaesthetists  
Faculty of Forensic and Legal Medicine  
Royal College of Paediatrics and Child Health  
British Association of Paediatric Surgeons  
College of Optometrists  
Royal Pharmaceutical Society

## Adult Safeguarding: Roles and Competencies for Health Care Staff

First edition: August 2018



For review 2021

Published by the Royal College of Nursing on behalf of the contributing organisations:

The British Association of Social Workers  
British Dental Association  
British Geriatrics Society  
Chartered Society of Physiotherapy  
College of Paramedics  
The College of Podiatry  
Institute of Health Visiting  
Royal College of General Practitioners  
Royal College of Nursing

Royal College of Midwives  
Royal College of Occupational Therapists  
Royal College of Ophthalmologists  
Royal College of Physicians  
Royal College of Psychiatrists  
Royal College of Radiologists  
Royal College of Speech and Language Therapists  
Royal Pharmaceutical Society  
The Society and College of Radiographers

# Recommended Training

- Level 3 adult safeguarding; Over a 3 year period, professionals at level 3 should receive refresher training equivalent to a minimum of 8 hours.
- Level 3 child safeguarding; 8 hours for level 3 core knowledge but 12 hours for those requiring role specific additional knowledge (including GPs)

# Level 3/3+ can be achieved through any of;

Face to face training sessions

eLearning courses

Review of critical incidents

Practice meetings

Peer discussions

Case reviews/discussions

TV documentaries/news articles (as long as some discussion and reflection)

Should include some multidisciplinary and scenario based discussion

## Resources

e-lfh.org.uk

[Safeguarding Children and Young People \(SGC\)](#) SGC Level 3 (2014)  
- Maintaining and Updating Competences

RCGP 'need to be compliant in adult safeguarding at level 3, but as this is a new recommendation it is recognised that these are not yet widely available. The knowledge of adult safeguarding can still be done through reading and any encounters with patients where safeguarding has been a concern. It is not expected for you to pay personally for a commercial level 3 adult safeguarding course'

# Locally;

<http://calderdale-safeguarding.co.uk/wp-content/uploads/2019/04/Joint-MA-training-programme-2019-20.pdf>

<http://calderdale-safeguarding.co.uk/wp-content/uploads/2018/01/User-Guide-to-access-E.pdf>

If you would like to be kept informed of forthcoming learning opportunities and safeguarding matters, please contact [Allison.waddell@calderdale.gov.uk](mailto:Allison.waddell@calderdale.gov.uk) to be added to the distribution list

### Learning Activity Directory

Please begin by selecting the learning activity that you are interested in. Once you have made your selection, click the 'Request Course' button and add your details. The learning will not require authorisation which means it will appear instantly within your training record. If the learning activity does require authorisation, it will be subject to a line with the organisations authorisation policy and will appear on your training record if approved.

### Search & Select

#### Quick Search

Name ↓	Type ↓	Pro
<input type="radio"/> Child & Adolescent Neglect; Assessing Harm, Securing Change and Measuring Success (YHMAST) Regional Masterclass	Face to Face Training	
<input type="radio"/> 2018 Refresher - An Introduction to Safeguarding Children - NAR	E-learning	VC-
<input type="radio"/> 2018 Refresher - Awareness of Child Abuse and Neglect Core version - NAR	E-learning	VC-
<input type="radio"/> 2018 Refresher - Awareness of Child Abuse and Neglect Foundation version - NAR	E-learning	VC-
<input type="radio"/> 2019 Medication Awareness Refresher	E-learning	VC-
<input type="radio"/> A New Approach to Child Poverty - NAR	E-learning	VC-
<input type="radio"/> Achieving Good Outcomes for Adults at Risk in Calderdale - 6 1/2 hours	Face to Face Training	
<input type="radio"/> Alcohol Brief Intervention Training (2 hours)	Face to Face Training	
<input type="radio"/> An Introduction to FGM, Forced Marriage, Spirit Possession and Honour Based Violence - NAR	E-learning	
<input type="radio"/> An Introduction to GDPR	E-learning	VC-
<input type="radio"/> An Introduction to Health and Safety - NAR	E-learning	VC-
<input type="radio"/> An Introduction to Safeguarding Children - NAR	E-learning	
<input type="radio"/> Anxiety in Young People (3 hours)	Face to Face Training	
<input type="radio"/> Awareness of Child Abuse and Neglect - Core - NAR	E-learning	
<input type="radio"/> Awareness of Child Abuse and Neglect - Foundation - NAR	E-learning	

# 4 cases to discuss.

- Discuss in small groups
- Case based group discussion so counts towards Level 3 safeguarding training for both adult and child safeguarding (can double count)
- What themes can be identified from the cases?



# Case 1

- Past hx of abuse
- Known to services-GP, social services, police
- Chronic pain/addictive medication
- Children not a protective factor
- Services involved after release from prison? Child protection
- Ending relationship-big risk

# Case 2

- Teenage mum
- Known to services
- Complex history mental health? Drug?
- Homelessness
- (toxic trio-DA, substance, mental health)
- Pregnancy
- Ending a relationship

# Case 3

- Son concerned about the way mum was treated ?coercive control
- Mental health issues
- Man in crisis
- Ending a relationship
- Not known to services
- Kids not a protective factor

# Case 4

- Previous history of violence
- Reported to police by family members
- Known to police for previous cases
- Coercive control

# Themes in abuse cases;

- None of these were “out of the blue”.
- Male perpetrators.
- Known to Services.
- Threat of Separation.
- Loss of home.
- Children abused as well.
- Drugs and Alcohol.
- Mental Health Problems.
- Coercion/Control.
- Family Concerns
- Female remaining in an abusive relationship.
- Past history of abuse.
- Trigger Point – threats of ending relationship -? opportunity for “safety-netting”?

# Relationship breakdown

- Including the time leading up to the separation presents the greatest risk to both the victim and other family members, with the maximum risk being at the time of separation and 6 weeks after

# Men Presenting in Crisis

- In general, Males are far more likely to be the perpetrators than females.
- Remember the “Toxic Trio” (Mental Health; Drugs and Alcohol; Domestic Abuse) – Remember they also represent a risk to **others**, not only themselves.

# Family Members

Children and other family members are NOT a protective factor.



# Ethnicity/Culture

- NOT a theme from these cases, but this can be a barrier to disclosure.

Section 76 of the Serious Crime Act 2015  
created a new offence of controlling or  
coercive behaviour in an intimate or family  
relationship

**Coercive control** is when a person with whom you are **personally connected**, repeatedly behaves in a way which makes you feel controlled, dependent, isolated or scared.

- isolating you from your friends and family
- controlling how much money you have and how you spend it
- monitoring your activities and your movements
- repeatedly putting you down, calling you names or telling you that you are worthless
- threatening to harm or kill you or your child
- threatening to publish information about you or to report you to the police or the authorities
- damaging your property or household goods
- forcing you to take part in criminal activity or child abuse

# Coercive control

- Difficult to spot, for both Victims (through distorted perspective) and Services BUT can indicate a HIGH risk of DA once separation, or threat of separation is added.
- Also, Coercive Control is MORE of an indicator of risk than a Hx of Physical Violence.

# Assessments

- Holistic
- Professional curiosity
- Depression, Anxiety, PTSD, or history of these
- Routine enquiry
- <https://youtu.be/UvZZNZIbboQ>

# Useful numbers

- For Children & Young People:
  - MAST (Multi Agency Screening Team) – 01422 393336 (8.45am-5.00pm)
  - Emergency Duty Team (EDT) – 01422 288000 (out of hours)
- For Adults:
  - Gateway to Care – 01422 393000 (8.45am-5.00pm)
  - Emergency Duty Team (EDT) – 01422 288000 (out of hours)
- If there is actual or Immediate risk of significant harm Police 999

# RCGP Course

- Core information is delivered through a presentation, which includes interactivity and group discussion. There is one each of these for adult and child safeguarding. Following completion of this 30 minute session, a further 30 minutes of guided self-directed group work is available for download. By completing both of these, and using the guide on reflective practice, all competency criteria for level 3 adult safeguarding can be met. This will enable you to get the most out of the remainder of the minimum eight hours of level 3 learning which is required every three years.

